



Preventive Health Coverage at 100%

Your health care benefits through Blue Cross and Blue Shield of Illinois may provide certain preventive health services¹ paid at 100 percent, with no copayment, deductible or coinsurance on your part, when using a network provider. For details on how these benefits apply to your coverage and the most up-to-date list of covered services, call the Customer Service number listed on your member ID card.

Covered Preventive Care Items/Services

Children and Adolescents

Newborns

- Screening for hearing loss, hypothyroidism, sickle cell disease and phenylketonuria (PKU)
- Gonorrhea preventive medication for eyes

Immunizations

- Diphtheria, Tetanus, Pertussis
- Haemophilus influenzae type B
- Hepatitis A and B
- Human Papillomavirus (HPV)
- Influenza (Flu)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Inactivated Poliovirus
- Rotavirus
- Varicella (chickenpox)

General Health Screenings

- Routine physicals/exams
- Medical history for all children throughout development
- Height, weight and Body Mass Index (BMI) measurements
- Developmental screening
- Autism screening
- Behavioral assessment
- Visual acuity screening
- Oral health risk assessment
- Hematocrit or hemoglobin screening
- Obesity screening and weight management counseling
- Lead screening
- Dyslipidemia screening

- Tuberculin testing
- Depression screening
- Alcohol and drug use assessment
- Counseling to prevent sexually transmitted infections (STIs)
- Cervical dysplasia screening
- HIV screening

Adults

General Health Screenings

- Routine physicals/exams
- Blood pressure screening
- Cholesterol screening
- Type 2 diabetes screening
- HIV and sexually transmitted infections (STIs) screenings

Cancer Screenings

- Breast cancer mammography
- Breast cancer chemoprevention counseling
- Cervical cancer pap test for women
- Colorectal cancer screenings including fecal occult blood testing, sigmoidoscopy or colonoscopy
- Prostate cancer (PSA) screening for men

Health Counseling

Doctors are encouraged to counsel patients about these health issues and refer them to appropriate resources as needed:

- Healthy diet
- Weight loss
- Tobacco use
- Alcohol misuse
- Depression
- Prevention of sexually transmitted infections (STIs)
- Use of aspirin to prevent cardiovascular disease

Immunizations

- Hepatitis A and B
- Herpes Zoster
- Human Papillomavirus (HPV)
- Influenza (Flu)
- Measles, Mumps, Rubella
- Meningococcal
- Pneumococcal (pneumonia)
- Tetanus, Diphtheria, Pertussis
- Varicella (chickenpox)

Men

- Abdominal aortic aneurysm one-time screening

Women

- Osteoporosis screening
- Chlamydia infection screening
- Gonorrhea and syphilis screening
- BRCA counseling about genetic testing

Pregnant Women

- Anemia screening for iron deficiency
- Tobacco cessation counseling
- Syphilis screening
- Hepatitis B screening
- Rh incompatibility blood type testing
- Bacteriuria urinary tract infection screening
- Breastfeeding education

¹ These include:

- Evidence-based items/services rated A or B in the current recommendations of the U.S. Preventive Services Task Force (ahrq.gov)
- Routine immunizations for children, adolescents and adults recommended by the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (cdc.gov/vaccines)
- Evidence-informed preventive care and screenings for infants, children and adolescents in the comprehensive guidelines of the Health Resources and Services Administration (hrsa.gov)
- Evidence-based preventive care and screenings for women described in the comprehensive guidelines of the Health Resources and Services Administration (hrsa.gov)

This information is a high-level summary and for general informational purposes only. The information is not comprehensive and does not constitute legal, tax, compliance or other advice or guidance.